

## Ref: Winter Cricket Programme - Accelerator

Dear Cricket Family,

Southland Cricket is proud to announce our Accelerator Programme will be running again in term 3 for all junior and youth (Years 5/6 to Year 13) hardball cricketers.

We are now taking registrations for our first 5-week block starting Monday August 3<sup>rd</sup> and running to Friday the 4<sup>th</sup> of September. We will also be running a 2<sup>nd</sup> 5-week block starting Monday 7<sup>th</sup> September and running to Friday 9<sup>th</sup> of October to allow those players finishing their winter sports to join.

Registrations for the 2<sup>nd</sup> 5-week block will open on the 17<sup>th</sup> of August.

The accelerator programme is tailored to meet the specific needs of the individual player in their physical and mental development so that they can go into the cricket season confident in their abilities no matter the level they play. Our coaches use a combination of, drills, games, scenarios, analysis and feedback that provides the optimal learning environment for our players to improve.

## More about "Accelerator":

- 90 minute sessions with batting, spin bowling, pace bowling, fielding, and wicket-keeping.
- 60 Minute sessions for Year 5/6 Players
- Sessions tailored for individual and scenario based.
- Southland & Otago coaching staff, Hawke Cup players and district coaches all on hand to coach and mentor.
- The best coaching equipment and aides such as bowling machines, speed ball radars and instant video analysis.
- Great for all levels of cricketer currently playing in our school/club and district competitions.

## **Programme details:**

Venue: Queens Park Indoor Cricket Centre.

Start: 1st 5 week block: Monday 3rd August to Friday 4rd September

Days & Times: Mon to Fri, 4pm, 5.30pm or 7pm

<u>Duration:</u> 5 Weeks. 90 minute sessions (60 minutes for Year 5/6)

Cost: \$75 for 5 sessions (\$50 for Year 5/6)

To register go to: <a href="https://www.southlandcricket.co.nz/accelerator-2020">https://www.southlandcricket.co.nz/accelerator-2020</a> if you have any questions don't hesitate to contact 021-241-5966 or coach@southlandcricket.co.nz

Kind regards,

Mark Reid – Cricket Development Officer, Southland Cricket Association.







